

OCR Cambridge National L1/2 Certificate in Health and Social Care

Cambridge Nationals in Health and Social Care equip learners with sound specialist knowledge and skills for everyday use. They also challenge all learners, including high attaining learners, by introducing them to demanding material and skills; encouraging independence and creativity; providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements and the importance of softer skills such as communication skills to ensure individuals right to independence and dignity).

Year 9:

Unit R022: Communicating and working with individuals in health, social care and early years settings.

Through this unit learners gain an understanding of the different types of communication, the importance of good communication, the factors that influence effective communication and ways to overcome barriers, and an understanding of the qualities that contribute to effective practical care. These are transferable skills that can be used in everyday life. Being able to communicate effectively and to employ personal qualities to relate to others can influence every aspect of a person's life, providing a key foundation on which to grow.

Year 10:

Unit R021: Essential values of care for use with individuals in care settings.

This mandatory unit focuses on the rights of individuals and instils the values of care to be used when working in a health, social care or early years environment. All good practice is based on these values and enables those who use and work in care settings to apply quality practice. The unit also provides an overview of legislation and its impact on the care settings and covers the hygiene, safety and security matters that relate to promoting a healthy and safe environment. During the external assessment (**1 hour exam**), learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts.

Unit R031: Using basic first aid procedures.

This unit provides learners with a knowledge and understanding of basic common first aid procedures that could be used within health and social care settings. On completion of this unit, learners will be able to assess the scene of an accident in health, social care and early years settings for risks and continuing dangers. Learners will know what information is needed when contacting the emergency services. Learners will know and be able to perform a variety of basic first aid procedures that could occur in a range of health, social care and early years settings.

Year 11:

R027: Creative activities to support individuals in health, social care and early years settings.

In this unit learners have the opportunity to explore the different types of creative activities that are available to individuals in health, social care and early years settings. They will understand how important it is to promote creative activities, so that the needs of the individuals are met as well as ensuring that those involved enjoy the experience and gain personal value from participating.