

23 September 2019

Parents and Carers,

As a part of your child's education at All Saints Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next academic year, starting 7th October, your child will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in Year 7,8,9,10 and 11 will include teaching about: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe, consent ; developing self-esteem and confidence; law regarding Sexting ; Same sex relationships and internet safety. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. If you would like to find out more or discuss any concerns, please contact me.

Yours sincerely,

Tracy Davis (Lead PSHE) tdavis@asap.org.uk